



## PRE-COOKED INDIVIDUAL AND FAMILY MEALS

All meals served chilled.

Order for the week and heat when you're ready to eat!  
Min Order \$35 – group ordering accepted.

Order online & pay online, via text or email:

[www.EyEventsDFW.com](http://www.EyEventsDFW.com)

### Breakfast

Quiche..... \$12.75                      Whole Quiche: ..... \$29.00

Includes salsa, a hash brown patty and a fruit cup

- A. Ham & cheese
- B. Veggie: spinach, onion, mushroom, cheese
- C. Loaded: Bacon, ham, onion, mushrooms, spinach, cheese

Protein Box..... \$9.50

Hard-boiled egg, grapes, cheese cubes, almonds, cottage cheese

Biscuits & Gravy.....\$4.65      Add crumbled sausage.... \$1.85

### Lunch/Dinner

Taco Salad..... \$9.75                      Family Size.... \$45.00 (serves 5)

Corn, black beans, diced tomatoes, guacamole, sour cream, salsa, taco meat served on a bed of lettuce. Served with a cookie.

Spaghetti..... \$8.79                      Family Size.... \$42.00 (serves 5)

Beef meatballs served with herb and garlic spaghetti sauce over noodles, topped with parmesan cheese. Served with bread and cookie.

Loaded Baked Potato.... \$9.75                      Family Size.... \$46.00 (serves 5)

Chili or Shredded Chicken, served with butter, chives, sour cream, cheese.  
Served with chips n salsa and a brownie.

Meat & Potatoes..... \$13.99                      Family Meal.... \$68.00 (serves 5)

Sous Vide Steak or Chicken with mashed potatoes, gravy and steamed vegetables.  
Served with a cookie.

BBQ Shredded Chicken Sandwich..... \$8.99

Self-Assemble. Served with coleslaw and a brownie.

Kids... \$5.50

1. Grilled ham & cheese sandwich, steamed carrots, brown rice, juice box, brownie.
2. Grilled chicken, steamed veggies, brown rice, juice box, cookie.

